# Stoke Bishop CofE Primary School



## **Anti-Bullying Policy**



### 'Believing it's Possible'

Our community sits between two rivers that have historically supported growth and success. Working together with trust and passion, we learn, grow and thrive as we embrace the possibilities of life's journey:

Understanding that,

"Wherever the river flows, life will flourish" – Ezekiel 47:9

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#### **Rationale**

We believe that our pupils are entitled to receive their education in a safe and caring environment, free from fear and intimidation.

#### **Defining Bullying**

There are many definitions of bullying, but all have three things in common:

- it is deliberately hurtful behaviour
- it is repeated often over a period of time
- it is difficult for those being bullied to stop the process

Bullying can be physical, verbal, cyber bullying, or indirect eg: by causing damage to the reputation of a person.

The seriousness of the bullying can only be measured by the degree of hurt felt by the person being bullied. Name calling or teasing can be equally as damaging as physical harm.

Bullying is led by one or more individuals, who are intending to cause serious hurt or harm. More often it is a feature of group behaviour. Many usually kind people will join in with uncharacteristic nastiness when they are socialising together.

In order to reduce apparent vulnerability the victim may try to hide the hurt, leaving the bullies unaware of the degree of harm inflicted. Many victims do not report bullying. Adults may be unaware of the unhappiness suffered.

#### **Purpose**

- 1. To develop a school ethos that makes it clear to everyone that bullying is unacceptable, will be addressed and stopped.
- 2. To develop school procedures and systems to prevent, detect and deal with bullying.
- 3. To support the pupils, who are bullied and help them develop a more positive attitude to themselves by improving their self-confidence.
- 4. To help those who bully to understand the consequences of their actions and to modify their unacceptable behaviour.

#### **Broad Guidelines**

The schools aim is to encourage children to talk about their feelings and feel able to tell someone if they are worried or concerned.

#### A) Preventative

#### Provision includes:

- 1 Inputs and discussions around our school values
- 2 Circle time sessions
- 3 PSHE lessons
- 4 Mentoring support from teachers and teaching assistants
- Involving outside agencies eg: unique voice, behaviour improvement team, educational psychologists.
- Rewards and sanctions being used appropriately and consistently (as stated in the Behaviour Policy)
- 7 Assemblies and their themes

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#### B). Reactive

- 1. A weekly child welfare slot at staff meetings will raise any concerns of any possible bullying.
- 2. Any reports of alleged bullying will be investigated and will always be taken seriously.
- 3. When bullying is identified in accordance with the definition above incidents will be recorded.
- 4. All children involved in an incident of bullying will be spoken to, the aim being to help children understand the impact of their behaviour and to bring about change. The focus of this is on developing their ability to empathise with others.
- 5. The Head Teacher or deputy should be informed of any incidences of bullying.
- 6. At the discretion of the Head Teacher or deputy, a letter may be sent to the parents of the children involved (or a meeting arranged) to share and discuss any steps that have been, or will be taken.
- 8. If any bullying is of a racist / homophobic nature details it will be recorded and appropriate procedures followed. In some cases this may require the involvement of the Police.

#### **Conclusion**

This policy seeks to develop a proactive approach towards bullying and details the procedures that will be implemented following any reported bullying incident.

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