

## Safeguarding Themes – Whole School Overview

	Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Term 1 <b><i>Being Me in My World</i></b>	Our rights Children’s responsibilities	Our rights Children’s responsibilities Feeling special and safe in my class	Our rights Children’s responsibilities	Identity and Self-Esteem Rights and responsibilities Making responsible choices	Being a good citizen Rights, responsibility, Democracy	Being a British citizen Rights and responsibilities	Power struggles Bullying
Term 2 <b><i>Celebrating Differences</i></b>	Standing up for yourself	Bullying – What can I do?	Boys and Girls stereotypes. Bullying – Why does it happen? Standing up to myself	Family conflicts and differences Bullying – witness, feelings and solutions Hurtful words	Understanding influence Understanding bullying	Racism Bullying	Celebrating Differences
Term 3 <b><i>Dreams and Goals</i></b>			Working with others. Resilience		Overcoming disappointment	Accepting the aspirations of different cultures	World Problems
Term 4 <b><i>Healthy Me</i></b>	Healthy friendships Strangers Stranger Danger	Medicine Safety Road Safety	Healthy Mind and body Medicine safety Being relaxed	Being fit and healthy What do I know about drugs Identifying safe and unsafe situations and solutions	Group Dynamics Smoking Alcohol Healthy friendships Right and wrong	Smoking Alcohol Body Image Relationship with food	Drugs Alcohol Mental Health Managing Stress
Term 5 <b><i>Relationships</i></b>	Stranger Danger Standing up for myself Falling out and bullying Loneliness	Different types of families Physical Contact Where to get help	Self-Esteem Online safety Respect and online gaming Screen time	Family roles Friendships – skills needed Keeping safe online Respect and support for others	Love and loss Know what makes a good relationship	Online safety Online gaming Relationship with technology	Power and Control/Gangs Love and Loss Online Safety
Term 6 <b><i>Changing Me</i></b>	Respecting my body	Boys and Girls bodies correct terminology	Physical differences between boys and girls and correct terminology for parts of the body Assertiveness – Different types of touch	Outside and inside body changes (why this happens) Family stereotypes	Accepting Change I am unique Changes over which I have no control	Body Image Puberty	Puberty Healthy relationships Transition to Secondary FGM

Introduction of new vocabulary

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<p>Term 1</p> <p><b><i>Being Me in My World</i></b></p>		<p>Safe, Special, Calm</p> <p>Belonging</p> <p>Rights, Responsibilities</p> <p>Rewards</p> <p>Proud</p> <p>Consequences</p> <p>Disappointment</p>	<p>Worries, Hopes, Fears</p> <p>Actions</p> <p>Negative, Positive</p> <p>Co-operate</p> <p>Problem Solving</p> <p>Choices</p>	<p>Welcome</p> <p>Valued</p> <p>Pleased</p> <p>Personal Goal Praise</p> <p>Acknowledge, Affirm</p> <p>Emotions, Feelings</p> <p>Nightmare</p> <p>Fears, Worries</p> <p>Solutions, Support</p> <p>Behaviour, CoOperate</p> <p>Fairness</p> <p>Group Dynamics</p> <p>Viewpoint</p>	<p>Included</p> <p>Excluded</p> <p>Role</p> <p>Democracy</p> <p>Democratic</p> <p>Decisions</p> <p>Authority</p>	<p>Appreciation</p> <p>Opportunities</p> <p>Vision</p> <p>British Citizen</p> <p>Denied</p> <p>Empathise</p> <p>Poverty</p> <p>Prejudice</p> <p>Collaboration</p> <p>Participation</p>	<p>Goals, Value, Welcome</p> <p>Choice, Rights</p> <p>Education,</p> <p>Want/ Needs, Empathy</p> <p>Comparison</p> <p>Opportunities, Behaviour</p> <p>Responsibilities Empathise</p> <p>Learning Charter</p> <p>Obstacles, Co-operation</p> <p>Collaboration</p> <p>Democracy, Proud</p>
<p>Term 2</p> <p><b><i>Celebrating Differences</i></b></p>		<p>Similarity, Same as</p> <p>Difference</p> <p>Bullying</p> <p>Deliberate, On purpose</p> <p>Unfair</p> <p>Included</p>	<p>Boys, Girls</p> <p>Assumptions</p> <p>Stereotypes</p> <p>Lonely</p> <p>Help</p> <p>Stand Up For</p> <p>Unique</p> <p>Value</p>	<p>Family</p> <p>Loving</p> <p>Connected</p> <p>Special</p> <p>Conflict, Solutions</p> <p>Witness, By-Stander</p> <p>Gay</p> <p>Unkind</p> <p>Feelings and Tell</p> <p>Hurtful</p> <p>Complement</p>	<p>Assumptions</p> <p>Judgement</p> <p>Accept</p> <p>Influence</p> <p>Attitude</p> <p>Opinion</p> <p>Cyber Bullying</p> <p>Characteristics</p> <p>Impression</p>	<p>Culture Conflict</p> <p>Racism, Race</p> <p>Discrimination</p> <p>Culture</p> <p>Rumour</p> <p>Name-calling</p> <p>Racist</p> <p>Homophobic</p> <p>Texting</p> <p>Indirect</p> <p>Direct</p> <p>Continuum</p>	<p>Normal, Ability Disability</p> <p>Visual impairment</p> <p>Empathy, Perception</p> <p>Vision, Blind</p> <p>Cerebral palsy</p> <p>Role model, Inspire</p> <p>Independent, Disability</p> <p>Power Struggle Imbalance,</p> <p>Control Harassment,</p> <p>Bullying behaviour Direct /Indirect Argument, Recipient</p> <p>Para Olympian, Accolade</p> <p>Disability,</p>
<p>Term 3</p> <p><b><i>Dreams and Goals</i></b></p>		<p>Success</p> <p>Achievement, Goal</p> <p>Treasure</p> <p>Stepping stones</p> <p>Process</p> <p>Dreams</p> <p>Team Work</p> <p>Celebrate</p> <p>Challenge</p> <p>Overcome</p>	<p>Realistic</p> <p>Persevere</p> <p>Strengths</p> <p>Learning Together</p>	<p>Obstacles</p> <p>Ambitions</p> <p>Aspirations</p> <p>Enterprise</p> <p>Motivated</p> <p>Enthusiastic</p> <p>Efficient</p> <p>Frustration</p>	<p>Determination</p> <p>Hope</p> <p>Disappointment</p> <p>Fears</p> <p>Hurt</p> <p>Cope</p> <p>Resilience</p>	<p>Dream</p> <p>Goal</p> <p>Culture</p> <p>Communication</p> <p>Cooperation</p> <p>Rallying</p>	<p>Dream, Goal</p> <p>Learning Strengths Stretch</p> <p>Achievement, Personal</p> <p>Realistic/Unrealistic</p> <p>Global Issue, Suffering</p> <p>Concern, Hardship</p> <p>Empathy, Admire Respect, Achievement Praise, Compliment Contribution</p> <p>Recognition</p>

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Term 4 <b>Healthy Me</b>		Healthy, Unhealthy Balanced Exercise, Sleep Choices Clean, Hygienic Medicine Green Cross Code Safety	Lifestyle Relaxation Tense, Calm Dangerous Proportion Portion Energy Nutritious	Oxygen, Heartbeat, Lungs, Heart, Fitness Healthy Drugs Attitude Scared Strategy, Advice Harmful Substances Complex Appreciate	Friendship groups Embarrassed Assertive Smoking Peer pressure Advice Guilt Alcohol Liver disease	Choices Healthy/unhealthy Informed decisions Pressure Media Influence Emergency, Procedure Recovery position Level-headed Body image Celebrity Self-respect Eating disorder Respect Pressure	Mood, Energy, Balanced diet Drugs, Effects Misuse, Anti-social Responsible Appropriate Recovery Position CPR, Safety Mental health Emotional health Mental illness Stress Triggers Strategies Managing Stress Pressure
Term 5 <b>Relationships</b>		Family Belong Same, Different Friendship, Caring, Kind Greetings Likes, Dislikes Helpful Community Confidence	Important Physical Contact – Acceptable, Unacceptable Worrying Secret Trust, Trustworthy Honest, Reliable Appreciate	Unisex Respect Safe, Unsafe Dangerous, Hazards Safety Rules Happiness	Mutual benefit Loss, grief Despair Hopelessness Depression Acceptance Memories. Remember Animal rights	Characteristics Personal qualities Attributes Self-esteem Age limit Social network Community Online/offline Responsibility Rights Risky Violence Appropriate Grooming Trolled Gambling/betting Trustworthy	Mental health, Ashamed, Stigma, Stress, Anxiety, Support Communication Technology, Power Control Cyber bullying Abuse, Safety Self Harm, Emotions Guilt, Shock Hopelessness, Anger Bereavement Coping strategies Authority Assertive, Pressure, Influences Self-control, Real/Fake True/untrue Assertiveness Judgement
Term 6 <b>Changing Me</b>		Life Cycle, Baby, Adulthood Change Vagina, Vulva Penis, Testicles Anus Anxious, Worried, Excited Grow	Control Physical Appearance Freedom, Teenager Public & Private parts Touch, Cuddle, hug, squeeze, Acceptable, Unacceptable Comfortable, Uncomfortable	Birth, Mother, Babies Uterus, Womb Love, Affection Puberty Sperm, Eggs, Ovaries	Unique Characteristics Parents Making Love Sexual Intercourse Conception Menstruation, Periods, Emotions	Self-Image, Body-Image, Self Esteem, Perception Tampons, Oestrogen Erection, Ejaculation, Wet Dream, Hormones Fallopian Tubes, Pregnancy, Umbilical Cord, Fertility Treatment	Real Self, Celebrity Freedoms, choice Pubic Hair, Semen Breasts, Masturbation Clitoris, Embryo, Foetus, Placenta, Labour, Contractions, Cervix Attraction, Love, Sexting Negative Body Talk Mental Health